



STOP PLAYING **PICKLEBALL** LIKE A BEGINNER

1



MOVE WITH A PURPOSE

After the serve or return, get to the kitchen line fast—don't linger in the mid-court.

2



BUILD THE POINT

Consistency beats power. Dinks, drops, and patience win more rallies than hard shots.

3



HOLD YOUR GROUND

Stay balanced and move forward, not backward, unless forced.

4



RECOVER IMMEDIATELY

Hit → reset → reposition. Good players are ready for the next ball.

5



MASTER THE SOFT GAME

Most points are won at the kitchen, not from the baseline.

6



CONTROL THE PADDLE FACE

Use touch, angles, and placement instead of speed.



PLAY SMART.
IMPROVE EVERY DAY.



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