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PICKLEBALL MISTAKES

EVEN EXPERIENCED PLAYERS STILL MAKE

An Educational Guide for Smarter, More Consistent Play

01



RUSHING TO THE NET TOO FAST

Moving forward before the shot is controlled leads to easy passing shots and pop-ups.

02



HITTING TOO HARD IN THE KITCHEN

Power from the non-volley zone causes errors; patience and soft hands win more points.

03



POOR SHOT SELECTION UNDER PRESSURE

Trying low-percentage winners instead of safe shots costs consistency.

04



STANDING STILL AFTER THE SERVE

Failing to move and split-step leaves players late to the next ball.

05



IGNORING THE THIRD SHOT DROP

Skipping this key shot hands control of the rally to the opponents.

06



OVERUSING THE LOB

Predictable or short lobs turn into easy overhands for skilled opponents.

07



WEAK COURT POSITIONING WITH A PARTNER

Not moving as a team creates open gaps and defensive confusion.

08



ATTACKING BALLS BELOW NET HEIGHT

Low balls should be reset, not smashed, to avoid unforced errors.

09



LETTING EMOTIONS CONTROL PLAY

Frustration leads to rushed decisions and loss of focus during points.



PLAY SMART.
IMPROVE EVERY DAY.

